

# Person-Centered Contraceptive Counseling (PCCC) Scale Eligibility Guidelines

## Which patients are eligible to complete the PCCC scale?

Any patient who received contraceptive counseling and can read in English or Spanish without assistance may complete the scale. The scale is administered after all contraceptive counseling is complete.

For the PCCC scale, **contraceptive counseling** is defined as:

**What:** Any contraceptive education and/or discussion that may inform or influence a patient’s choice of a contraceptive method. This includes deciding to continue with the same method or to use no method at all. **This also includes discussion of just one or two methods;** comprehensive counseling on all methods is not required.

**Delivered by:** Any staff person who provides counseling as part of their job role, including advanced practice clinicians, clinical support staff, and non-clinicians (e.g., counselors, health educators)

**Delivered to:** Any cisgender female, transgender male, or non-binary patient who is not pregnant. This includes patients who identify as lesbian, gay, bisexual, or queer.

**When:** During a patient visit of any type, except for prenatal visits or other visits with pregnant patients.

## Patient examples

Patients <u>are</u> eligible if during their visit, they....	Patients are <u>not</u> eligible if during their visit, they...
<ul style="list-style-type: none"> <li>Chose a new contraceptive method, which includes “most” and “moderately” effective methods as well as condoms, fertility awareness, and withdrawal.</li> </ul>	<ul style="list-style-type: none"> <li>Did not discuss contraception with any staff person who provides contraceptive counseling as part of their job role.</li> </ul>
<ul style="list-style-type: none"> <li>Discussed starting a new/different contraceptive method, but didn’t decide on one to use or leave the clinic with a method.</li> </ul>	<ul style="list-style-type: none"> <li>Visited the health center for a refill Depo shot or picked up a refill of their contraceptive method without discussing birth control options.</li> </ul>
<ul style="list-style-type: none"> <li>Discussed the possibility of changing their contraceptive method, and ultimately decided to keep using their current method.</li> </ul>	<ul style="list-style-type: none"> <li>Had an intrauterine device (IUD) or implant inserted in a follow-up appointment               <ul style="list-style-type: none"> <li>The patient received counseling and selected a method during a previous visit.</li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>Got their LARC removed and re-inserted, continuing with the same LARC, and were given counseling on method choice in addition to procedure-specific education for consenting purposes</li> </ul>	<ul style="list-style-type: none"> <li>Got their LARC removed and reinserted, and were not given counseling on method choice in addition to procedure-specific education or consenting purposes.</li> </ul>

**NOTE:** If it is unclear whether a patient is or is not eligible to receive the scale based on the definition and examples above, assume that the patient **is** eligible and distribute the scale accordingly.